

## The University Sports Federation of Hong Kong, China The 58th Annual Aquatic Meet

Date : Sunday, 05 November 2023

Venue : Sun Yat Sen Memorial Park Swimming Pool

### Programme

Athlete Identity Check: 08:15					Athlete Identity Check: 13:15				
08:00-12:00 Training Pool 08:15-08:45 Main Pool 08:45-09:00 Start and Short Sprint					13:00-16:30 Training Pool 13:00-13:30 Main Pool 13:30-13:45 Start and Short Sprint				
<b>Morning Warm Up</b>					<b>Afternoon Warm Up</b>				
Athlete Oath: 09:10									
<b>Start: 09:15</b>					<b>Start: 14:00</b>				
Event No.		Event		Group	Event No.		Event		Group
1	F	200M Freestyle	(Final)	2	19	F	200M Ind. Medley	(Final)	2
2	M	200M Freestyle	(Final)	2	20	M	200M Ind. Medley	(Final)	2
3	F	200M Breaststroke	(Final)	2	21	F	50M Freestyle	(Final)	3
4	M	200M Breaststroke	(Final)	2	22	M	50M Freestyle	(Final)	3
5	F	200M Backstroke	(Final)	2	23	F	50M Breaststroke	(Final)	2
6	M	200M Backstroke	(Final)	2	24	M	50M Breaststroke	(Final)	3
7	F	200M Butterfly	(Final)	2	25	F	50M Backstroke	(Final)	2
8	M	200M Butterfly	(Final)	2	26	M	50M Backstroke	(Final)	3
9	F	4x50M Medley Relay	(Final)	2	27	F	50M Butterfly	(Final)	3
10	M	4x50M Medley Relay	(Final)	2	28	M	50M Butterfly	(Final)	3
<b>Warm Down Session</b>					29	F	400M Freestyle	(Final)	2
11	F	100M Freestyle	(Final)	3	30	M	400M Freestyle	(Final)	2
12	M	100M Freestyle	(Final)	3	<b>Warm Down Session</b>				
13	F	100M Breaststroke	(Final)	3	31	F	4x100M Freestyle Relay	(Final)	1
14	M	100M Breaststroke	(Final)	3	32	M	4x100M Freestyle Relay	(Final)	2
15	F	100M Backstroke	(Final)	2	33	Mixed	*4x50M Freestyle Relay	(Final)	2
16	M	100M Backstroke	(Final)	2	<b>16:00 Prize Presentation</b>				
17	F	100M Butterfly	(Final)	2					
18	M	100M Butterfly	(Final)	2					
<b>Lunch</b>					*Non-scoring trial event				