The University Sports Federation of Hong Kong, China

The 54th Annual Aquatic Meet

Date：Sunday, 22 October 2017

Venue：The Swimming Pool of Hong Kong Sports Institute **Programme**

Order	Time	Marshal Start	Marshal End	Event
	08:00			**Athlete Identity Check**
08:00-08:30 Secondary Pool 08:30-09:00 Main Pool				**Morning Warm Up**
	09:10			**Athlete Oath**
1(F)	09:15	09:00	09:10	**F** 200M Freestyle **(Final)** 2 Group
2(F)	09:23	09:08	09:18	**M** 200M Freestyle **(Final)** 3 Group
3(F)	09:35	09:20	09:30	**F** 200M Breaststroke **(Final)** 2 Group
4(F)	09:43	09:28	09:38	**M** 200M Breaststroke **(Final)** 2 Group
5(F)	09:51	09:36	09:46	**F** 200M Backstroke **(Final)** 2 Group
6(F)	09:59	09:44	09:54	**M** 200M Backstroke **(Final)** 2 Group
7(F)	10:07	09:52	10:02	**F** 200M Butterfly **(Final)** 1 Group
8(F)	10:11	09:56	10:06	**M** 200M Butterfly **(Final)** 2 Group
9(F)	10:30	10:15	10:25	**F** 4x50M Medley Relay **(Final)** 2 Group
10(F)	10:35	10:20	10:30	**M** 4x50M Medley Relay **(Final)** 2 Group
11(P)	10:45	10:30	10:40	**F** 100M Freestyle **(Heat)** 2 Group
12(P)	10:49	10:34	10:44	**M** 100M Freestyle **(Heat)** 3 Group
13(P)	10:55	10:40	10:50	**F** 100M Breaststroke **(Heat)** 3 Group
14(P)	11:01	10:46	10:56	**M** 100M Breaststroke **(Heat)** 3 Group
15(P)	11:07	10:52	11:02	**F** 100M Backstroke **(Heat)** 2 Group
16(P)	11:11	10:56	11:06	**M** 100M Backstroke **(Heat)** 2 Group
17(P)	11:15	11:00	11:10	**F** 100M Butterfly **(Heat)** 2 Group
18(P)	11:19	11:04	11:14	**M** 100M Butterfly **(Heat)** 2 Group
19(P)	11:25	11:10	11:20	**F** 50M Freestyle **(Heat)** 3 Group
20(P)	11:30	11:15	11:25	**M** 50M Freestyle **(Heat)** 3 Group
21(P)	11:35	11:20	11:30	**F** 50M Breaststroke **(Heat)** 3 Group
22(P)	11:40	11:25	11:35	**M** 50M Breaststroke **(Heat)** 3 Group
23(P)	11:45	11:30	11:40	**F** 50M Backstroke **(Heat)** 3 Group
24(P)	11:50	11:35	11:45	**M** 50M Backstroke **(Heat)** 3 Group
25(P)	11:55	11:40	11:50	**F** 50M Butterfly **(Heat)** 2 Group
26(P)	11:59	11:44	11:54	**M** 50M Butterfly **(Heat)** 3 Group
	12:04			**Lunch**

Order	Time	Marshal Start	Marshal End	Event
	13:30			**Athlete Identity Check**
13:00-13:30 Warm up in Main Pool 13:30-13:45 Start and Short Sprint				**Afternoon Warm Up**
27(F)	14:00	13:45	13:55	**F** 200M Ind. Medley **(Final)** 2 Group
28(F)	14:08	13:53	14:03	**M** 200M Ind. Medley **(Final)** 2 Group
11(F)	14:18	14:03	14:13	**F** 100M Freestyle **(Final)**
12(F)	14:23	14:08	14:18	**M** 100M Freestyle **(Final)**
13(F)	14:28	14:13	14:23	**F** 100M Breaststroke **(Final)**
14(F)	14:33	14:18	14:28	**M** 100M Breaststroke **(Final)**
15(F)	14:38	14:23	14:33	**F** 100M Backstroke **(Final)**
16(F)	14:43	14:28	14:38	**M** 100M Backstroke **(Final)**
17(F)	14:48	14:33	14:43	**F** 100M Butterfly **(Final)**
18(F)	14:53	14:38	14:48	**M** 100M Butterfly **(Final)**
19(F)	15:00	14:45	14:55	**F** 50M Freestyle **(Final)**
20(F)	15:04	14:49	14:59	**M** 50M Freestyle **(Final)**
21(F)	15:08	14:53	15:03	**F** 50M Breaststroke **(Final)**
22(F)	15:12	14:57	15:07	**M** 50M Breaststroke **(Final)**
23(F)	15:16	15:01	15:11	**F** 50M Backstroke **(Final)**
24(F)	15:20	15:05	15:15	**M** 50M Backstroke **(Final)**
25(F)	15:24	15:09	15:19	**F** 50M Butterfly **(Final)**
26(F)	15:28	15:13	15:23	**M** 50M Butterfly **(Final)**
29(F)	15:32	15:17	15:27	**F** 400M Freestyle **(Final)** 2 Group
30(F)	15:42	15:27	15:37	**M** 400M Freestyle **(Final)** 2 Group
	15:52			**Warm Down Session**
31(F)	16:15	16:00	16:10	**F** 4x100M Freestyle Relay (**Final**) 2 Group
32(F)	16:27	16:12	16:22	**M** 4x100M Freestyle Relay (**Final**) 2 Group
	16:40			**Prize Presentation and Closing Ceremony**