

The University Sports Federation of Hong Kong, China
The 56th Annual Aquatic Meet

Date : Sunday, 31 October 2021

Venue : Henry Fok Swimming Pool, Stanley Ho Sports Centre, HKU

Programme

| Athlete Identity Check: 07:30 | | | | | Athlete Identity Check: 12:15 | | | | |
|---------------------------------------|---|------------------------|-----------------|-------|---------------------------------------|---|------------------------|-------------------|-------|
| 08:00-08:20 Sprint and Start practice | | | Morning Warm Up | | 12:45-13:15 Sprint and Start practice | | | Afternoon Warm Up | |
| Start: 08:30 | | | | | Start: 13:30 | | | | |
| | | Event | | | | | Event | | |
| 1(F) | F | 200M Freestyle | (Final) | Group | 17(F) | M | 200M Freestyle | (Final) | Group |
| 2(F) | F | 200M Breaststroke | (Final) | Group | 18(F) | M | 200M Breaststroke | (Final) | Group |
| 3(F) | F | 200M Backstroke | (Final) | Group | 19(F) | M | 200M Backstroke | (Final) | Group |
| 4(F) | F | 200M Butterfly | (Final) | Group | 20(F) | M | 200M Butterfly | (Final) | Group |
| 5(F) | F | 4x100M Medley Relay | (Final) | Group | 21(F) | M | 4x100M Medley Relay | (Final) | Group |
| Warm Down Session (10 Minutes) | | | | | Warm Down Session (10 Minutes) | | | | |
| 6(F) | F | 100M Freestyle | (Final) | Group | 22(F) | M | 100M Freestyle | (Final) | Group |
| 7(F) | F | 100M Breaststroke | (Final) | Group | 23(F) | M | 100M Breaststroke | (Final) | Group |
| 8(F) | F | 100M Backstroke | (Final) | Group | 24(F) | M | 100M Backstroke | (Final) | Group |
| 9(F) | F | 100M Butterfly | (Final) | Group | 25(F) | M | 100M Butterfly | (Final) | Group |
| 10(F) | F | 200M Ind. Medley | (Final) | Group | 26(F) | M | 200M Ind. Medley | (Final) | Group |
| 11(F) | F | 50M Freestyle | (Final) | Group | 27(F) | M | 50M Freestyle | (Final) | Group |
| 12(F) | F | 50M Breaststroke | (Final) | Group | 28(F) | M | 50M Breaststroke | (Final) | Group |
| 13(F) | F | 50M Backstroke | (Final) | Group | 29(F) | M | 50M Backstroke | (Final) | Group |
| 14(F) | F | 50M Butterfly | (Final) | Group | 30(F) | M | 50M Butterfly | (Final) | Group |
| Warm Down Session (10 Minutes) | | | | | Warm Down Session (10 Minutes) | | | | |
| 15(F) | F | 400M Freestyle | (Final) | Group | 31(F) | M | 400M Freestyle | (Final) | Group |
| 16(F) | F | 4x100M Freestyle Relay | (Final) | Group | 32(F) | M | 4x100M Freestyle Relay | (Final) | Group |
| Prize Presentation | | | | | Prize Presentation | | | | |