

USFHK Karatedo Competition

大專空手道賽



日期 Date: 22 March 2026
時間 Time: 10:00 - 17:30
地點 Venue: S. H. Ho Sports Hall, HKUST
香港科技大學何善衡體育館

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主禮嘉賓

梁為文先生 中國香港空手道總會主席

上訴委員會

周鏡廷先生 中國香港空手道總會裁判總監
徐婉靜小姐 香港科技大學學務長辦公室高級經理(體育)
龔曉恩博士 香港樹仁大學體育主管

賽事委員會

主 委 鄭玉立、李華愛

助 理 科大：何栩妍

樹仁：鍾卓盈、沈明慧、高梓菲、單曦冬、葉小榕、楊函鈺、
岑卓嵐、覃堃、唐詩越、山燁云、陳錦濱、姜子俊、洪明眉、
鍾思宇、蔡悅彤

裁判總監 周鏡廷

裁判員 周鏡廷、黃卓銘、陳傳文、陳仁強、譚樹培、朱兆光、
陳卓輝、李碧崧、楊鎮邦、鄧秀蘭、賴偉明、陳健俊、
樊思蕊、余家欣、溫國祥、張晉銘、陳啟銳、丘寶珍、
李志洪、張鎮深、蘇婉婷、吳子邦、李紹康、黎靖康、
洪皓歲、梁家康、陳國良、歐陽漢得、黃耀忠、潘葵清、
陳家樂、龍瑞棠、何家樂、陳志泉、梁子雲、黃佩華、
魏華聰、張法良、鄭文標、張逸天、甄健強、利梓豐

技術員 廖嘉祺

攝影 蔡紹堯、郭雷

駐場醫生 單丹

救護站 MERS

比賽程序表

Competition Schedule

比賽地點：香港科技大學何善衡體育館
選手報到：LG1 體育館大堂

Venue: S. H. HO Sports Hall, HKUST
Registration: LG1 Lobby, Sports Hall

時間 Time	事項 Event	
09:00-11:00	男女「型」選手報到 Registration for Men's and Women's Kata Athletes	
09:30-09:45	裁判會議 Technical Meeting	
09:45-10:00	領隊會議 Manager Meeting	
	A 場 Court A	B 場 Court B
10:00	女子組個人型 Women's Individual Kata (17 athletes)	男子組個人型 Men's Individual Kata (17 athletes)
	女子隊際型 Women's Team Kata (8 teams)	男子隊際型 Men's Team Kata (8 teams)
12:30	早上項目完成 morning events complete	
9:00 -11:00	男女組手選手報到及過磅 Kumite athletes registration & weigh-in	
	過磅處 Weight-in location LG1 男洗手間(男選手) 及 LG1 女洗手間 (女選手) Men's toilet (Men) & Women's toilet at LG1 (Women)	
13:30-13:45	裁判會議 Technical Meeting	
13:45-14:00	領隊會議 Manager Meeting	
	A 場 Court A	B 場 Court B
14:00	女子組組手 -55KG Women's kumite -55KG (10 athletes)	男子組組手 -67KG Men's kumite -67 KG (7 athletes)
	女子組組手 -61KG Women's kumite -61KG (10 athletes)	男子組組手 -75KG Men's kumite -75 KG (12 athletes)
	女子組組手 +61KG Women's kumite +61 KG (8 athletes)	男子組組手 +75KG Men's kumite +75 KG (11 athletes)
17:30	頒獎 Prize Presentation	

* 主委有權因應場地狀況，而更改比賽場地。
The competition court may change if necessary.

** 請所有參賽選手準時到達及報到，報到後須留在比賽場館，以便隨時出賽。
All participating athletes should arrive on time and complete registration. After registration, athletes should stay in the competition venue to be ready for the matches.

~~~~~ 程序表如有更改恕不另行通知 ~~~~~

No prior notice will be given in the case of any schedule changes.



## 2025-2026 大專空手道賽

### 比賽規則

#### 1. 賽制

| 項目  | 組手                              |        | 型               |      |      |
|-----|---------------------------------|--------|-----------------|------|------|
| 組別  | 啡帶及黑帶組<br>(3 級, 2 級, 1 級及初段或以上) |        | 公開組<br>(持有色帶資格) |      |      |
| 個人賽 | 女子                              | 男子     | 個人賽             | 女子   | 男子   |
|     | - 55KG                          | - 67KG |                 | ✓    | ✓    |
|     | - 61KG                          | - 75KG | 隊際賽             | 3 人賽 | 3 人賽 |
|     | + 61KG                          | + 75KG |                 |      |      |

- 每一間院校，在個人賽項目中可以填報最多 2 名運動員參賽。如報名人數不足四人或院校不足三間，賽會將會取消該項賽事。
- 每一間院校在隊際賽項目只可以填報一隊出賽。若男子或女子組別參賽隊數不足四隊，賽會將會取消該項賽事。
- 參加型的運動員，必須持有色帶的資格，比賽當日如資格不符，即被取消資格。
- 參加組手賽事者，須持有效的級/段數證書，比賽當日如資格不符，即被取消資格。
- 運動員年齡少於十八歲者不可參加組手比賽。年齡以比賽當日計算為準。
- 組手採用 3 分鐘賽制。

#### 2. 比賽規例

除以上或賽會特別聲明外，其他規則一律採用世界空手道聯盟 2024 年 1 月頒布編訂之規則，且已獲中國香港空手道總會採用。

#### 3. 計分辦法

| (a) | 名次  | 冠  | 亞  | 季 |   | 第五名 |   | 第七名 |   |
|-----|-----|----|----|---|---|-----|---|-----|---|
| 得分  | 個人賽 | 8  | 6  | 4 | 4 | 2   | 2 | 1   | 1 |
|     | 隊際賽 | 16 | 12 | 8 | 8 | 4   | 4 | 2   | 2 |

- 根據WKF賽制中，除冠、亞、雙季軍外，賽事將會誕生兩名第五位及第七位。
- 如兩院校或以上在團體(女團/男團/總團體)積分相等，則以較多個人冠軍獎項的一隊排名較前。如冠軍獎項數目相同，則以較多亞軍獎項的一隊排名較前。如亞軍獎項數目相同，則以較多季軍獎項的一隊排名較前。如仍未能分勝負，則計算較多第五位的人數，較多的一隊排名較前。如仍未能分勝負，則計算較多第七位的人數，較多的一隊排名較前。

#### 4. 報名

報名運動員需為全日制學生。運動員必須於 1990 年 1 月 1 日至 2008 年 12 月 31 日期間出生。各院校須於報名截止日期前，填妥以下四份文件送交比賽主委核實參賽資格：

- 報名表正本，資料及相片經填報後不得更改(報名表必須經其院校董事局成員於文件上簽署及蓋上院校印鑑)；
- 男女子組，項目報名表格(運動員一經填報，不得更改)；

- (c) 運動員個人聲明書附空手道有效的級/段數證書副本；
- (d) 教練表格（每間院校可報教練最多 7 人，其中一位必須為總教練）；並將獲發證件，當日憑證進入比賽區域。

為方便製作職員及運動員證，請提交有關報名表的文書檔案給賽事主委。

## 5. 裁判

由中國香港空手道總會委派裁判擔任。

## 6. 棄權

- (a) 運動員於比賽報到時間仍未能完成報到手續，判棄權論（以場地計時器為準）。
- (b) 運動員在主裁判宣佈比賽開始後仍未能出場或未能出示運動員證，作自動棄權論。
- (c) 比賽進行之中之任何爭議，如經已判決，比賽必須繼續進行，如有運動員/隊伍放棄繼續比賽，作棄權論。

## 7. 抗議及上訴

比賽進行之中之任何爭議，倘已明文規定者，或有同等意義註明者，由裁判判定，不得異議。如有任何上訴，需於比賽結果公佈後 30 分鐘內向大會提交由院校董事局或執委會成員簽署之上訴書及保證金港幣 1,000 元。賽會於接到上訴書後會同上訴委員會作出判決，以此判決為最終判決。

## 8. 天氣

比賽前 2 小時懸掛 8 號或以上風球/黑色暴雨警告訊號，有關比賽將會延期舉行或取消，詳情容後公佈。

## 9. 附則

- (a) 選手的比賽袍及帶上不可顯示其道館/流派的徽章或名字。
- (b) 除工作人員外，凡進入比賽區域之人士必須配戴大會之證件及穿著不脫色平底運動鞋。
- (c) 大會頒獎時，獲獎運動員須穿著所屬大學運動套裝或整齊道袍（不可顯示其道館/流派的徽章或名字）。
- (d) 以下護具是組手選手強制配戴的：
  - i. 護牙套（牙膠）
  - ii. 世界空手道聯盟 (WKF) 或空總指定認可的（紅/藍）拳套、護脛，腳部護具
  - iii. 世界空手道聯盟 (WKF) 或空總指定認可的女性護胸
  - iv. 世界空手道聯盟 (WKF) 或空總指定認可的男子護檔
- (e) 每一場組手賽事，各校只能派一位教練在場。
- (f) 所有教練及運動員必須遵循比賽主委的安排及決定。
- (g) 比賽場館內除飲用清水外，嚴禁飲食及不可帶食物進入場館內。
- (h) 比賽主委有權更改或取消任何賽事或拒絕任何運動員參加比賽。
- (i) 本規章有未盡妥善之處，主辦單位得隨時修訂，並提交大專執委會通過後實施。
- (j) 本規章以中文版本為準。



## USFHK Karatedo Competition 2025-2026

### Rules and Regulations

#### 1. Format of Competition

|            |                                                                              |                  |            |             |             |
|------------|------------------------------------------------------------------------------|------------------|------------|-------------|-------------|
| Group      | Brown & Black Belts<br>(1th, 2th, 3th Dan and<br>black belt holder or above) |                  | Open       |             |             |
| Event      | Kumite                                                                       |                  | Kata       |             |             |
| Individual | Women                                                                        | Men              |            | Women       | Men         |
|            | - 55KG                                                                       | - 67KG           | Individual | ✓           | ✓           |
|            | - 61KG<br>+ 61KG                                                             | - 75KG<br>+ 75KG | Team       | (3-players) | (3-players) |

- (a) A maximum of 2 representatives from each institution can be enrolled in each individual event. The competition of any event shall be cancelled with less than 3 institutions or 4 competitors.
- (b) In Team Kata competition, only one team from each institution can be enrolled. The competition will be cancelled with less than 4 institutions.
- (c) For those participants who do not have any belt qualification participating in Kata will be disqualified.
- (d) For those participants who do not have any valid certificate participating in Kumite will be disqualified.
- (e) Athlete must be 18 years old or above for the Kumite (Age is counted on the event day).
- (f) Kumite individual competition adopt the 3-minute format.

#### 2. Regulations

Unless otherwise stated, the competition shall be organized in accordance with the technical regulations of the World Karatedo Federation (Jan 2024 version) adopted by the Karatedo Federation of Hong Kong, China.

#### 3. Scoring

(a)

|        | Ranking          | 1st | 2nd | 3 <sup>rd</sup> |   | 5th |   | 7th |   |
|--------|------------------|-----|-----|-----------------|---|-----|---|-----|---|
| Scores | Individual Event | 8   | 6   | 4               | 4 | 2   | 2 | 1   | 1 |
|        | Team Event       | 16  | 12  | 8               | 8 | 4   | 4 | 2   | 2 |

- (b) According to the competition format of WKF, there will be a champion, a second place and two third-places, 5th places and 7th places in each event.

- (c) In case of equality in total scores in Men's Division, Women's Division and/or Overall Champion, the following criteria shall be adopted to decide the position:
- I. If a tie exists between two teams or more, the team wins more champions in all events shall be accorded a higher position.
  - II. If the number of champions are the same, the team has more 2<sup>nd</sup> places in all events shall be accorded a higher position.
  - III. If the number of 2<sup>nd</sup> places are the same, the team has more 3<sup>rd</sup> places in all events shall be accorded a higher position.
  - IV. If the number of 3<sup>rd</sup> places are the same, the team has more 5<sup>th</sup> places in all events shall be accorded a higher position.
  - V. If the number of 5<sup>th</sup> places are the same, the team has more 7<sup>th</sup> places in all events shall be accorded a higher position.

#### **4. Entries**

Eligibility of student-athletes: registered for full-time studies at the respective institutions.

All student-athletes must be born from 01/01/1990 to 31/12/2008.

Each institution should submit the following documents to the convener for verification by the deadline.

- (a) Enrollment form with personal information and recent photos of student-athletes should be put down clearly, duly signed by the Council Member of the respective institution with official chop;
  - (b) Men's and Women's Division Event Enrollment Form;
  - (c) Declaration and Consent form with certified copies;
  - (d) Coach Enrollment form (Each institution can enroll at most 7 coaches and one of them should be the head coach. They will be issued with pass for competition area entry.);
- Please submit "word" file via email to the convener for preparation of pass.

#### **5. Referees**

Qualified/Certified referees/umpires will be recruited by the Karatedo Federation of Hong Kong, China.

#### **6. Withdrawal**

- (a) In case the participant is unable to report before the registration deadline according to the official clock, he/she shall be taken as withdrawing from the contest.
- (b) In case the participant is unable to show his/her athlete card after the referee announces the contest starts, he/she shall be taken as withdrawing from the contest.
- (c) During the competition, the decision of the referee made according to the relevant rules of Karatedo shall be final. Should a team/competitor oppose to the decision and refuse to play, the team/competitor shall be taken as withdrawing from the competition.

## **7. Protests and Appeals**

In case of an appeal, it must be made in writing and signed by the Council Member or EC Member of the institution concerned, accompanied with a deposit of HKD1,000 within 30 minutes after the result announcement. On receipt of the appeal, the Appeal Board will make the final ruling. The decision of the Appeal Board shall be final.

## **8. Weather**

If a Typhoon Signal No. 8 or above or a Black Rainstorm Warning is issued or will be issued within 2 hours before the competition. The competition will be postponed/cancelled and details will be announced later.

## **9. By-laws and Rules**

- (k) The Dogi of the participants cannot show the logo or name of their Doujou/ School or their institution.
- (l) Apart from the staff, all those entering the competition area must show the entry pass and wear non-marking sports shoes.
- (m) During the Prize Presentation Ceremony, the awarded athletes must wear the sports uniform of their institution or tidy Dogi (the logo or the name of the Doujou/ School cannot be shown).
- (n) The following protective equipment are compulsory for athletes in individual Kumite competition:
  - ii) Supporting braces (gutta- percha)
  - iii) (Red/Blue) gloves, leggings and foot protectors recognized by the World Karatedo Federation (WKF) or the Karatedo Federation of Hong Kong, China
  - iv) Chest protector for women athletes recognized by the World Karatedo Federation (WKF) or the Karatedo Federation of Hong Kong, China
  - v) Groin guards for men recognized by the World Karatedo Federation (WKF) or the Karatedo Federation of Hong Kong, China
- (o) Only one coach from each institute is allowed to be on the coach area for each event.
- (p) All coaches and athletes must adhere to the arrangements and decisions by the competition organizer.
- (q) No food or drink (except drinking water) is allowed in the Sports Hall.
- (r) The convener has the right to change or cancel any event or refuse any athlete to participate.
- (s) The organizer reserves the right to amend and/or supplement the By-Laws, Rules and Regulations. The By-Laws, Rules and Regulations will be adopted upon approval of the Executive Committee.
- (t) In case of controversy over the rules/regulations between the Chinese and the English versions, the interpretation of the Chinese version shall be followed.

## 運動員名單 List of Participant

香港城市大學 City University of Hong Kong

| 女子組 Women             | 男子組 Men                |
|-----------------------|------------------------|
| 羅心汶                   | 曾栢賢                    |
| 何子靖                   | 邱浩旻                    |
| 李沁蓓                   | 方紀朗                    |
| DSCHEEN Joanna Sophia | 鄭楚儒                    |
| 伍采蘭                   | FUYANE Dumezweni Nengi |
| 王瑞琦                   | 何大熙                    |
| 趙海盈                   | MILUNOVIĆ Stefan       |
|                       | 李木子                    |

香港浸會大學 Hong Kong Baptist University

| 女子組 Women | 男子組 Men              |
|-----------|----------------------|
| 陳櫻子       | 黃浩賢                  |
| 吳詠貽       | Lin Julien, Chang-Le |
|           | 余伟铨                  |
|           | 招俊然                  |
|           | 黎嘉軒                  |

香港珠海學院 Hong Kong Chu Hai College

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 張藍心       |         |

香港都會大學 Hong Kong Metropolitan University

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 郭汶慧       | 葉俊希     |
| 劉恩童       | 程少毅     |
| 蘇嘉琦       | 樊智煜     |
| 楊琳        | 林洛熹     |
| 陳寶雯       | 王柏淳     |
|           | 楊嘉駿     |

嶺南大學 Lingnan University

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 陳敏沂       | 吳銘熙     |
| 黃筠鈺       | 余家洛     |
| 陳嘉蕙       | 倪逸文     |
| 陳穎桐       |         |

香港中文大學 The Chinese University of Hong Kong

| 女子組 Women        | 男子組 Men               |
|------------------|-----------------------|
| 譚焯而              | 李智剛                   |
| 朱安祁              | DE BOSIS Marco Franco |
| 阮沛嵐              | 林信穎                   |
| SAUNG, Hnin Phyu | 馬康騏                   |
| 何亭緯              | 周家謙                   |
| 陳玉瑩              | 呂津豪                   |
| 謝盈林              | 張景堯                   |

香港教育大學 The Education University of Hong Kong

| 女子組 Women        | 男子組 Men |
|------------------|---------|
| 張欣宓              | 鄭栩彬     |
| 甘騏璋              | 沈哲謙     |
| SHRESTHA Anamika | 黃梓愿     |
| 曹美怡              | 吳昊晉     |

香港理工大學 The Hong Kong Polytechnic University

| 女子組 Women | 男子組 Men          |
|-----------|------------------|
| 歐杏儀       | 李民禧              |
| 劉月詩       | 王祺鈺              |
| 蔡永琪       | Lucas Pazo Recio |
| 黃瑤        |                  |
| 謝芷攸       |                  |
| 潘紫媽       |                  |
| 魏靖瑩       |                  |

香港科技大學 The Hong Kong University of Science and Technology

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 潘子賢       | 郭灝謙     |
| 陳芷穎       | 沙峻宇     |
| 龔海寧       | 史卓軒     |
| Parna Sur | 虞越      |
| 林思琦       | 張原謙     |
| 張逸珺       |         |

香港大學 The University of Hong Kong

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 郭思行       | 簡梓宇     |
| 劉曉彤       | 翁耀賢     |
| 鄭浩萼       | 張仲喬     |
| 楊凱如       | 洪卓軒     |
| 劉詠蕎       |         |
| 鄭詠恩       |         |

職業訓練局 Vocational Training Council

| 女子組 Women | 男子組 Men |
|-----------|---------|
| 梁凱溶       | 郭靖宇     |
|           | 林俊軒     |
|           | 李雋一     |

# 項目及分組 Event and Grouping

## 女子個人型 Women's Individual Kata



## 男子個人型 Men's Individual Kata



## 女子隊際型 Women's Team Kata



## 男子隊際型 Men's Team Kate



女子個人組手 -55kg Women's Kumite -55kg



女子個人組手 -61kg Women's Kumite -61kg



女子個人組手 +61kg Women's Kumite +61kg



男子個人組手 -67kg Men's Kumite -67kg



### 男子個人組手 -75kg Men's Kumite -75kg



### 男子個人組手 +75kg Men's Kumite +75kg



鳴謝

## Acknowledgement

(排名不分先後)

中國香港空手道總會

The Karatedo Federation of Hong Kong, China Limited

香港樹仁大學

Hong Kong Shue Yan University

香港科技大學

The Hong Kong University of Science and Technology

# 比賽場地平面圖

## Floor Plan



# 比賽場地

## Competition Venue

